

“A community is more than just streets, buildings and the people who live there. Underneath the surface is a complex network of connections, of people relating to each other in different ways. These networks can be through extended families, neighborhoods, places of work, faith communities, and many more organizations and groups. Formality ranges from three neighbors meeting over coffee to plan a block party, to a full-fledged community meeting with gavels, microphones and Robert’s Rules of Order.” *Kretzman and McKnight, Building Communities from the Inside Out, Institute for Policy Research, Northwestern University, 1993.*



If you have any questions about the LLS partnership, are interested in membership, or want to be informed about LLS projects and events, please contact us!



For More Information

Email: llsinwsp@gmail.com

Phone: 651-554-6104

Visit the City of West St. Paul Senior Resource page for a link to the LLS Resource Directory:

<http://wspmn.gov/602/Senior-Resources>



Join us in our mission to connect residents with resources to help them remain active and engaged in the community.

Living Longer and Stronger (LLS) in West St. Paul

LLS plans and prepares for the needs of an aging population in our community. It is driven by volunteer members who live and work in the community.

Mission:

Living Longer and Stronger in West St. Paul connects residents with resources to help them remain active and engaged in the community.

Vision:

West St. Paul residents 50+ will have the opportunities they seek to live well, work, serve, learn, and lead in their community.

About our Work

Members meet monthly to discuss community needs, have input on community programs, plan events, and support each other in the community.

Examples of our work include:

- LLS Resource Directory for Older Adults and Their Families
 - the LOOP, Circulator Bus
 - Boomer Projects
 - Community Meetings

LLS Members

We welcome additional partners! Our active community network of individual volunteers, businesses, not-for-profit organizations, and local government entities share the common goal of working to make West St. Paul a “Community for a Lifetime.”

Membership Benefits

- Build networks with others across the community, including businesses, local government, service providers, and community residents.
- Be a part of intergenerational collective community impact.
- Increase your knowledge of resources that serve older adults and caregivers.
- Be listed and identified as an LLS Member in the Resource Directory.
- Have opportunities to share information about your services, programming, volunteer opportunities, and organization.
- Help increase efficiencies through collaborative opportunities.
- Gain professional support.
- Have fun together!